



AEROFIT

BARS | PLATES



www.aerofit.co

BLACK CHROME



Length
2200 mm



Weight
20 kg



Shaft Diameter
28.5 mm

BAR USE

Multi-Purpose Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Grooved Sleeves:
To secure your plates from
sliding off during drops

Smooth spin by 4 NK
needle bearing

Loadable sleeve length
415 mm

Dual knurl mark

No central knurling

Shaft diameter
28.5 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



4 Needle
Bearing

165K
PSI

Tensile
Strength



Low
Whip

800
LBS

Max
Load



Volcano
Knurling

BLUE FROST BAR



Length
2200 mm



Weight
20 kg



Shaft Diameter
28.5 mm

BAR USE

Multi-Purpose Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Grooved Sleeves:
To secure your plates from
sliding off during drops

Smooth spin by 4 NK
needle bearing

Loadable sleeve length
415 mm

Dual knurl mark

No central knurling

Shaft diameter
28.5 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



4 Needle
Bearing

165K
PSI

Tensile
Strength



Low
Whip

800
LBS

Max
Load



Volcano
Knurling



RED DAWN



Length
2200 mm



Weight
20 kg



Shaft Diameter
28.5 mm

BAR USE

Multi-Purpose Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Grooved Sleeves:
To secure your plates from
sliding off during drops

Smooth spin by 4 NK
needle bearing

Loadable sleeve length
415 mm

Dual knurl mark

No central knurling

Shaft diameter
28.5 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



**4 Needle
Bearing**

165_K
PSI

**Tensile
Strength**



**Low
Whip**

800
LBS

**Max
Load**



**Volcano
Knurling**

SILVER SURFER



Length
2200 mm



Weight
20 kg



Shaft Diameter
28.5 mm



BAR USE

Multi-Purpose Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between



Smooth spin by 8 NK
needle bearing



1.2 mm knurl
(IPF-IWF Standard)

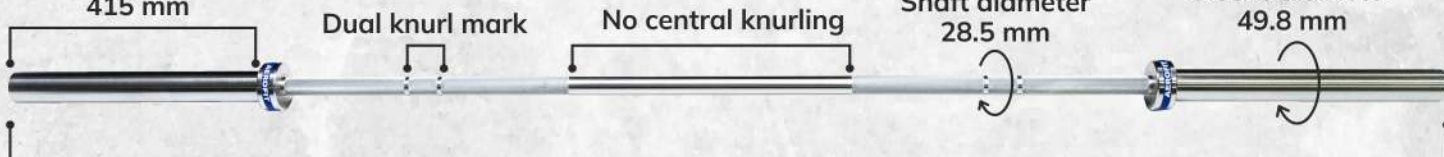
Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish



Grooved Sleeves:
To secure your plates from
sliding off during drops

Loadable sleeve length
415 mm



Dual knurl mark

No central knurling

Shaft diameter
28.5 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



8 Needle
Bearing

195K
PSI

Tensile
Strength



Medium
Whip

1500
LBS

Max
Load



Volcano
Knurling

BLACK BEARD



Length
2200 mm



Weight
20 kg



Shaft Diameter
28.5 mm



BAR USE

Multi-Purpose Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between



Smooth spin by 8 NK
needle bearing



1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish



Grooved Sleeves:
To secure your plates from
sliding off during drops

Loadable sleeve length
415 mm

Dual knurl mark

No central knurling

Shaft diameter
28.5 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



8 Needle
Bearing

195K
PSI

Tensile
Strength



Medium
Whip

1500
LBS

Max
Load



Volcano
Knurling

RED RAPTOR

↔
Length
2200 mm

KG
Weight
20 kg

⌀
Shaft Diameter
28.5 mm

BAR USE

Multi-Purpose Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Grooved Sleeves:
To secure your plates from
sliding off during drops

Smooth spin by 8 NK
needle bearing

Loadable sleeve length
415 mm

Dual knurl mark

No central knurling

Shaft diameter
28.5 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



**8 Needle
Bearing**

**195K
PSI**

**Tensile
Strength**



**Medium
Whip**

**1500
LBS**

**Max
Load**



**Volcano
Knurling**

SMOKY BLACK



Length
2010 mm



Weight
15 kg



Shaft Diameter
25 mm

BAR USE

Multi-Purpose Women's Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Smooth spin by 4 NK
needle bearing

Grooved Sleeves:
To secure your plates from
sliding off during drops

Loadable sleeve length
320 mm

Dual knurl mark

No central knurling

Shaft diameter
25 mm

Sleeve diameter
49.8 mm

Bar length 2010 mm



4 Needle
Bearing

195K
PSI

Tensile
Strength



Medium
Whip

1000
LBS

Max
Load



Volcano
Knurling

PINK ROCK



Length
2010 mm



Weight
15 kg



Shaft Diameter
25 mm

BAR USE

Multi-Purpose Women's Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished which ensures a smooth finish

Grooved Sleeves:
To secure your plates from sliding off during drops

Smooth spin by 4 NK
needle bearing

Loadable sleeve length
320 mm

Dual knurl mark

No central knurling

Shaft diameter
25 mm

Sleeve diameter
49.8 mm

Bar length 2010 mm



**4 Needle
Bearing**

195K
PSI

**Tensile
Strength**



**Medium
Whip**

1000
LBS

**Max
Load**



**Volcano
Knurling**

RED CURRENT



Length
2010 mm



Weight
15 kg



Shaft Diameter
25 mm

BAR USE

Multi-Purpose Women's Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Smooth spin by 4 NK
needle bearing

Grooved Sleeves:
To secure your plates from
sliding off during drops

Loadable sleeve length
320 mm

Dual knurl mark

No central knurling

Shaft diameter
25 mm

Sleeve diameter
49.8 mm

Bar length 2010 mm



4 Needle
Bearing

195K
PSI

Tensile
Strength



Medium
Whip

1000
LBS

Max
Load



Volcano
Knurling



BLACK CAT



Length
2200 mm



Weight
20 kg



Shaft Diameter
28.5 mm

BAR USE

Multi-Purpose Barbell

Designed to work well for both powerlifting, olympic, weightlifting & everything in between

1.2 mm knurl
(IPF-IWF Standard)

Dual knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Grooved Sleeves:
To secure your plates from
sliding off during drops

Smooth spin by 8 NK
needle bearing

Loadable sleeve length
415 mm

Dual knurl mark

No central knurling

Shaft diameter
28.5 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



8 Needle
Bearing

205K
PSI

Tensile
Strength



Medium
Whip

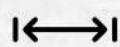
2000
LBS

Max
Load



Volcano
Knurling

FREEDOM 1.0



Length
2200 mm



Weight
20 kg

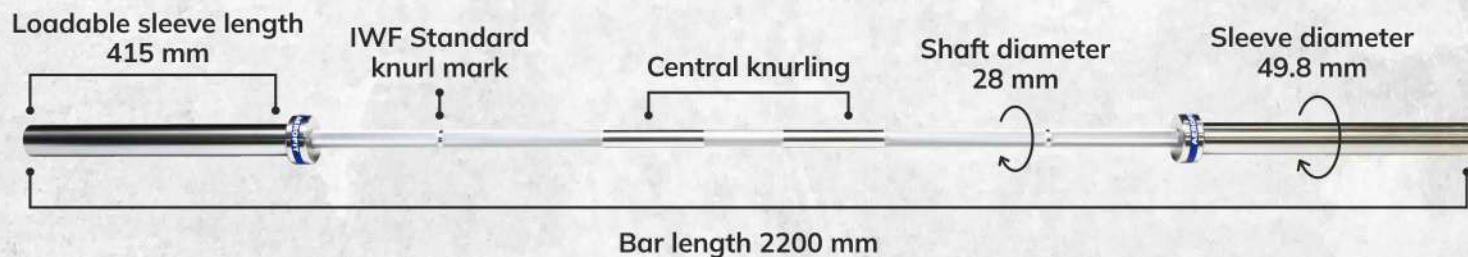


Shaft Diameter
28 mm

BAR USE

Weightlifting Barbell IWF Standard
Training Bar

Designed to work well for weightlifting



10 Needle
Bearing

195^K
PSI

Tensile
Strength



Medium
Whip

1500
LBS

Max
Load



Volcano
Knurling

FREEDOM 2.0



Length
2200 mm



Weight
20 kg

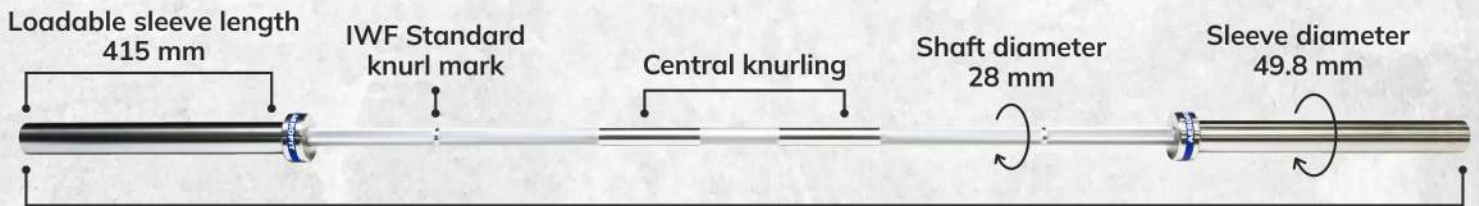
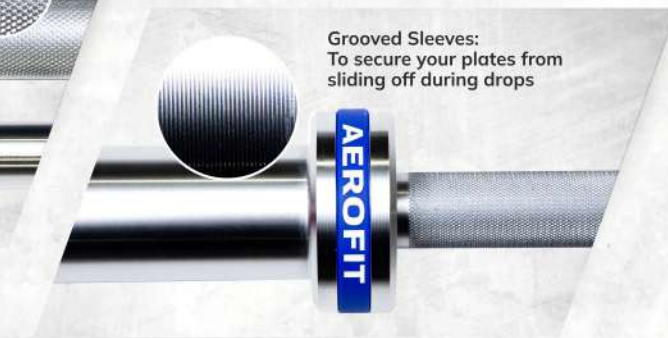


Shaft Diameter
28 mm

BAR USE

Weightlifting Barbell IWF Standard
Competition Bar

Designed to work well for weightlifting



Bar length 2200 mm



10 Needle
Bearing

205K
PSI

Tensile
Strength



High
Whip

2000
LBS

Max
Load



Volcano
Knurling

WARRIOR 1.0



Length
2200 mm



Weight
20 kg



Shaft Diameter
28 mm

BAR USE

Weightlifting Barbell IWF Standard
Training Bar

Designed to work well for weightlifting

1.2 mm knurl
(IWF Standard)

Knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Grooved Sleeves:
To secure your plates from
sliding off during drops

Smooth spin by 10 NK
needle bearing

Loadable sleeve length
415 mm

IWF Standard
knurl mark

Central knurling

Shaft diameter
28 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



10 Needle
Bearing

195^K
PSI

Tensile
Strength



Medium
Whip

1500
LBS

Max
Load



Volcano
Knurling

WARRIOR 2.0



Length
2200 mm



Weight
20 kg



Shaft Diameter
28 mm

BAR USE

Weightlifting Barbell IWF Standard
Competition Bar

Designed to work well for weightlifting

1.2 mm knurl
(IWF Standard)

Knurl mark

Barbell shaft is ground & polished
which ensures a smooth finish

Grooved Sleeves:
To secure your plates from
sliding off during drops

Smooth spin by 10 NK
needle bearing

Loadable sleeve length
415 mm

IWF Standard
knurl mark

Central knurling

Shaft diameter
28 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



10 Needle
Bearing

205K
PSI

Tensile
Strength



High
Whip

2000
LBS

Max
Load



Volcano
Knurling

BEAST 1.0



Length
2200 mm



Weight
20 kg



Shaft Diameter
29 mm

BAR USE

Powerlifting Barbell IPF Standard Training Bar

Designed for powerlifting: Squat, Bench Press, Deadlift

1.5 mm knurl
(IPF Standard)

Knurl mark

Barbell shaft is ground & polished which ensures a smooth finish

Grooved Sleeves:
To secure your plates from sliding off during drops

Strong resistance and less spin 4+2 bronze bushing

Loadable sleeve length
433 mm

Knurl mark

Central knurling

Shaft diameter
29 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



6 Bronze Bushings

195K
PSI

Tensile Strength



Low Whip

1500
LBS

Max Load



Volcano Knurling

BEAST 2.0



Length
2200 mm



Weight
20 kg



Shaft Diameter
29 mm

BAR USE

Powerlifting Barbell IPF Standard Competition Bar

Designed for powerlifting: Squat, Bench Press, Deadlift

1.5 mm knurl
(IPF Standard)

Knurl mark

Barbell shaft is ground & polished which ensures a smooth finish

Grooved Sleeves:
To secure your plates from sliding off during drops

Strong resistance and less spin 4+2 bronze bushing

Loadable sleeve length
433 mm

Knurl mark

Central knurling

Shaft diameter
29 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



6 Bronze Bushings

205K
PSI

Tensile Strength



Very Low Whip

2000
LBS

Max Load



Volcano Knurling



BLACK BEAST 1.0



Length
2200 mm



Weight
20 kg



Shaft Diameter
29 mm

BAR USE

Powerlifting Barbell IPF Standard Training Bar

Designed for powerlifting: Squat, Bench Press, Deadlift

1.5 mm knurl
(IPF Standard)

Knurl mark

Barbell shaft is ground & polished which ensures a smooth finish

Grooved Sleeves:
To secure your plates from sliding off during drops

Strong resistance and less spin 4+2 bronze bushing

Loadable sleeve length
433 mm

Knurl mark

Central knurling

Shaft diameter
29 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



6 Bronze
Bushings

195^K
PSI

Tensile
Strength



Low
Whip

1500
LBS

Max
Load



Volcano
Knurling

BLACK BEAST 2.0



Length
2200 mm



Weight
20 kg



Shaft Diameter
29 mm

BAR USE

Powerlifting Barbell IPF Standard Competition Bar

Designed for powerlifting: Squat, Bench Press, Deadlift

1.5 mm knurl
(IPF Standard)

Knurl mark

Barbell shaft is ground & polished which ensures a smooth finish

Grooved Sleeves:
To secure your plates from sliding off during drops

Strong resistance and less spin 4+2 bronze bushing

Loadable sleeve length
433 mm

Knurl mark

Central knurling

Shaft diameter
29 mm

Sleeve diameter
49.8 mm

Bar length 2200 mm



6 Bronze Bushings

205K
PSI

Tensile Strength



Very Low Whip

2000
LBS

Max Load



Volcano Knurling



CURL BLACK CHROME



Length
1160 mm



Weight
9 kg



Shaft Diameter
25 mm



2 ball
bearing

Loadable sleeve length
173 mm



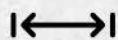
Bar length 1160 mm

Shaft diameter
25 mm

Sleeve diameter
49.8 mm



4 FEET BLACK CHROME



Length
1200 mm



Weight
8 kg



Shaft Diameter
25 mm



4 Polyamide
Bushing

Loadable sleeve length
163.5 mm



Bar length 1200 mm

Shaft diameter
25 mm

Sleeve diameter
49.8 mm



5 FEET BLACK CHROME



Length
1530 mm



Weight
12 kg

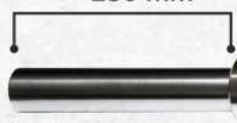


Shaft Diameter
28.5 mm



4 Polyamide
Bushing

Loadable sleeve length
230 mm



Shaft diameter
28.5 mm



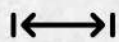
Sleeve diameter
49.8 mm



Bar length 1530 mm



6 FEET BLACK CHROME



Length
1829 mm



Weight
15 kg



Shaft Diameter
28.5 mm



4 Polyamide
Bushing

Loadable sleeve length
230 mm



Shaft diameter
28.5 mm



Sleeve diameter
49.8 mm



Bar length 1829 mm



RUBBER BUMPER COLOR PLATES

IWF Standard Specification



Build
to drop



50.4 mm
Collar Opening



450 mm plate
Diameter



Shore A Durometer
5kg-92, 10kg-90,
15kg-90, 20kg-90, 25kg-90



Thicker raised flanges to preserve
the plate's finish & lettering

25 kg 87 mm
20 kg 71 mm
15 kg 61 mm
10 kg 46 mm
5 kg 25 mm



Steel ring insert for effortless
loading & unloading of plates

Matte finish



RUBBER BUMPER BLACK PLATES

IWF Standard Specification



**Build
to drop**



**50.4 mm
Collar Opening**



**450 mm plate
Diameter**



**Shore A Durometer
5kg-92, 10kg-88,
15kg-88, 20kg-88, 25kg-88**



**Thicker raised flanges to preserve
the plate's finish & lettering**

**25 kg
87 mm**

**20 kg
71 mm**

**15 kg
61 mm**

**10 kg
46 mm**

**5 kg
25 mm**

**Steel ring insert for effortless
loading & unloading of plates**

Matte finish





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